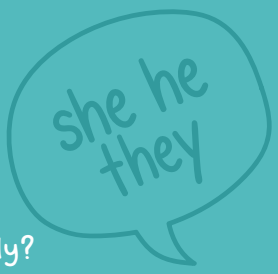
HSE SOUTH EAST COMMUNITY HEALTHCARE
LGBT+ AWARENESS TRAINING

01.
LGBTQ+ Terminology

Exploring some of the different
sexual orientations
& gender identities and the terms/ words
used to describe them

02. PRONOUNS



What are pronouns?
How do we use them correctly?
What to do when we make a mistake
How to respectfully ask someone's pronouns

03.

LGBT+ HISTORY

Exploring some of the key developments
of LGBT+ rights in Ireland

04.

WHAT IS IT LIKE TO BE LGBT+ TODAY?

Exploring key health issues experienced by the LGBT+
Community
Heteronormativity & Intersectionality
Homophobia, Transphobia & Biphobia

05.

WORKING WITH LGBTI+ PEOPLE

Making our workplaces more LGBT+ Inclusive
Steps to creating LGBT+ welcoming
& supportive workspaces as an individual & organisation
Coming Out

06. EXTRA RESOURCES

HSE Good Practice Guidelines when working with the
LGBT+ Community
LGBT+ Awareness Sticker
LGBT+ Awareness Card
Local & Regional LGBT+ supports & contact details

Available in-person or online
Available to HSE and non-HSE staff
Free of charge
Train the Trainer programme available
Requests from staff teams and organisations welcome

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